

ESSENCES OF THE LIGHT HOUSE®

DOSE RECORD SHEET

Name:

SPRING FLOWERS	Date:						
Anemone	SP1						
Azalea	SP2						
Bluebell	SP3						
Camellia - Double	SP4						
Camellia - Pink	SP5						
Camellia - Red	SP6						
Camellia - White	SP7						
Cherry Blossom	SP8						
Clematis	SP9						
Crab Apple	SP10						
Daffodil - Actaea	SP11						
Daffodil - King Alfred	SP12						
Daffodil - White	SP13						
Daphne	SP14						
Erlicheer	SP15						
Freesia	SP16						
Gentian	SP17						
Grape Hyacinth	SP18						
Hyacinth	SP19						
Japonica	SP20						
Magnolia	SP21						
Magnolia - Star	SP22						
Magnolia - White	SP23						
Maple	SP24						
Pansy	SP25						
Pansy - Joker	SP26						
Plum	SP27						
Polyanthus	SP28						
Primrose	SP29						
Rhododendron - Pink	SP30						
Rhododendron - Red	SP31						
Rhododendron - Wine	SP32						
Snowflake	SP33						
Soleil d'Or	SP34						
Star of Bethlehem	SP35						
Tulip	SP36						
Viburnum	SP37						
Violet	SP38						
Weeping Prunus	SP39						
Winter Rose	SP40						
Yellow Hoop Petticoat	SP41						
Relief Essence	RE						

SUMMER FLOWERS	Date:						
Arum Lily	SU1						
Bleeding Heart	SU2						
Busy Lizzie	SU3						
Buttercup	SU4						
Canterbury Bells	SU5						
Christmas Lily	SU6						
Chrysanthemum	SU7						
Columbine	SU8						
Dogwood	SU9						
Evening Primrose	SU10						
Forget-Me-Not	SU11						
Fuchsia	SU12						
Hollyhock	SU13						
Honesty	SU14						
Iris	SU15						
Jasmine	SU16						
Larkspur	SU17						
Lavender	SU18						
Lilac	SU19						
Lily of the Valley Bush	SU20						
Lobelia	SU21						
Lungwort	SU22						
Marigold	SU23						
Paeony Rose	SU24						
Periwinkle	SU25						
Poppy	SU26						
Ranunculus	SU27						
Rock Rose	SU28						
Rose - Blue Moon	SU29						
Rose - Peace	SU30						
Rose - Pristine	SU31						
Rose - Superstar	SU32						
Rose - The World	SU33						
Shasta Daisy	SU34						
Spiraea	SU35						
St John's Wort	SU36						
Sunflower	SU37						
Trillium	SU38						
Wallflower	SU39						
Windflower	SU40						
Wisteria	SU41						
Relief Essence	RE						