

I THE LABYRINTH

II WALKING A SACRED PATH

III THE LIGHT HOUSE

ROSE ISBELL
OCTOBER 2021

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LABYRINTHS 1

WHAT IS A LABYRINTH?

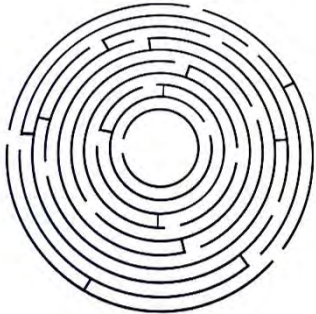
LABYRINTHS VS MAZES

MEDIEVAL VS CLASSICAL

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A LABYRINTH IS NOT A MAZE

A MAZE IS DESIGNED FOR YOU TO LOSE YOUR WAY



3


A LABYRINTH HAS ONE PATH

IT IS DESIGNED TO HELP YOU FIND YOUR WAY



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MEDIEVAL LABYRINTH



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CLASSICAL LABYRINTH



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RAMBLING ROSE



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ROMAN MOSAIC LABYRINTH



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LABYRINTHS 2
EXPERIENCES

- CHARTRES
- AKAROA
- MANA
- TE MOATA
- MADONNA RISING
- BANAFSHEH SAYYAD

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CHARTRES CATHEDRAL



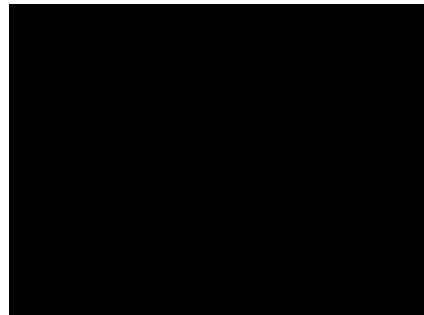
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SOUTHERN LIGHTS CENTRE
AKAROA



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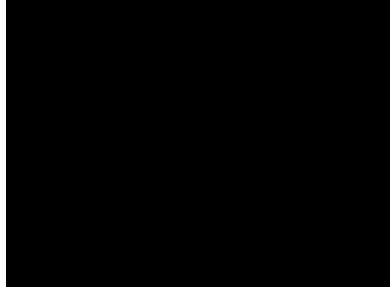
MANA RETREAT
COROMANDEL
THE SANCTUARY AT MANA



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**TE MOATA RETREAT
COROMANDEL**

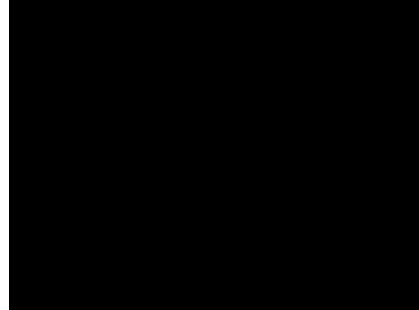
MYSTICAL RAINFOREST LABYRINTH



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**MADONNA RISING
CHARTRES**

A SPIRITUAL PILGRIMAGE



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**BANAFSHEH SAYYAD
PERSIAN MYSTICAL DANCE**



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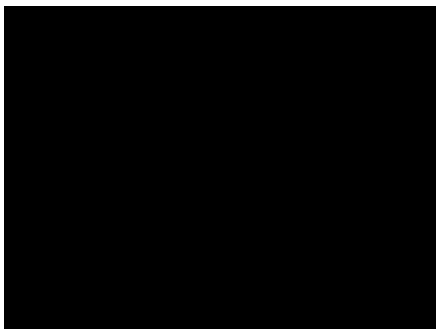
LABYRINTHS 3

VIDEOS

GRACE CATHEDRAL, SAN FRANCISCO
LEUCADIA BEACH, CALIFORNIA

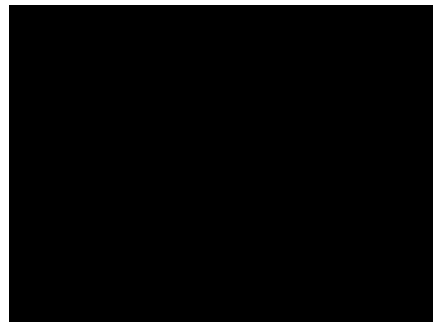
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**GRACE CATHEDRAL
SAN FRANCISCO**



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**LEUCADIA BEACH
CALIFORNIA
NEW YEARS DAY**



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LABYRINTHS 4
PHOTOS

GRACE CATHEDRAL, SAN FRANCISCO
NEW MEXICO
SOUTH AFRICA
CZECH REPUBLIC
ILLINOIS
NORWAY
CANADA

MORE ON FACEBOOK - LABYRINTH AT THE LIGHT HOUSE

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GRACE CATHEDRAL
SAN FRANCISCO



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LANDSCAPE LABYRINTH
NEW MEXICO



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CROCODILE RIVER RESERVE
SOUTH AFRICA



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LAVENDER LABYRINTH
CZECH REPUBLIC



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BACKYARD LABYRINTH
SEDONA



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BURY ST EDMONDS
UNITED KINGDOM



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TEMPORARY LABYRINTH
NORWAY



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FULL MOON LABYRINTH
ONTARIO



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II WALKING A SACRED PATH
BY LAUREN ARTRESS



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WALKING A SACRED PATH 2
HANDOUT

TO WALK A SACRED PATH
NEW PILGRIMS. NEW PATHS
WALKING – THE PROCESS
REDISCOVERING THE DIVINE WITHIN

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WALKING A SACRED PATH 2
STAGES OF THE LABYRINTH

RELEASING (LETTING GO)
RECEIVING (LISTENING)
RETURNING (REFLECTING, RESOLVING, RECLAIMING)

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**WALKING A SACRED PATH 3
GUIDELINES**

FOLLOW YOUR NATURAL PACE
FEEL FREE TO MOVE AROUND OTHERS
YOU WILL MEET OTHERS COMING OUT
TURNS ARE GOOD PLACE TO PASS
LET YOUR GAZE BE SOFT
LET EVERYTHING BE A METAPHOR
NO PHOTOGRAPHS PLEASE

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**WALKING A SACRED PATH 4
EXPECTATIONS**

“THIS IS YOUR WALK. WE ARE WALKING TOGETHER WITH OTHERS, BUT IT IS YOUR WALK”

EXPERIENCE YOUR EXPERIENCE – IT MAY FEEL AS IF NOTHING HAS HAPPENED

EACH PERSON'S EXPERIENCE IS UNIQUE TO THEM

“I HAVE NO IDEA WHAT'S GOING TO HAPPEN FOR YOU”

“CAN WE GIVE EACH OTHER PERMISSION TO BE UN-SELF CONSCIOUS IN THE LABYRINTH?”

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III LABYRINTH AT THE LIGHT HOUSE

DESIGN
MANDALA IN CENTRE
CRYSTAL GRID
CURRENT PHOTOS
TEMPLE GARDEN
UNITY ROOM, INNER TEMPLE, TEMPLE
FOOTPATH SIGN

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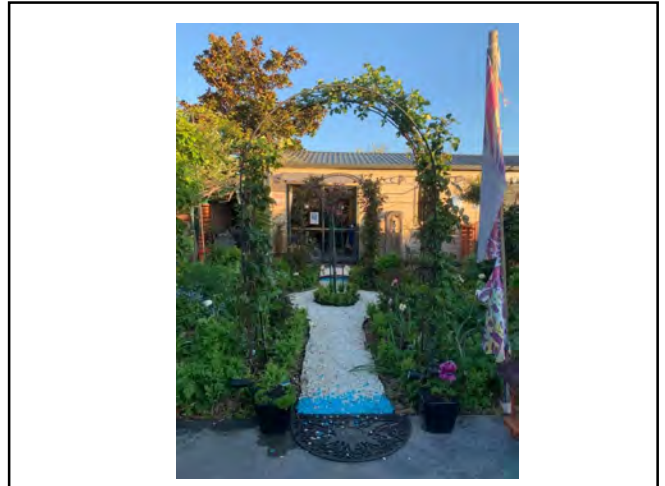
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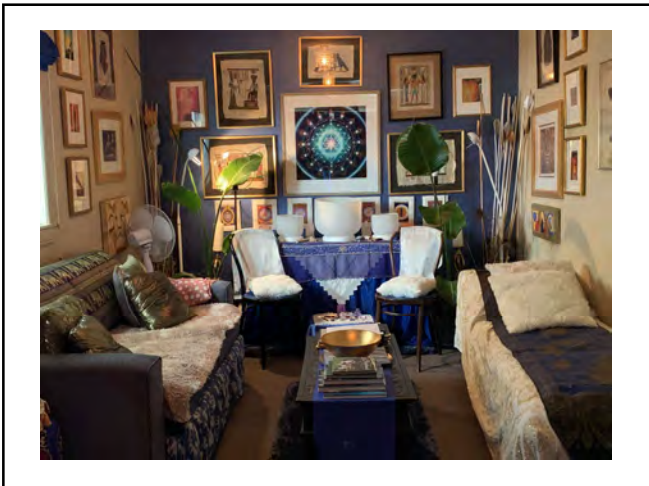
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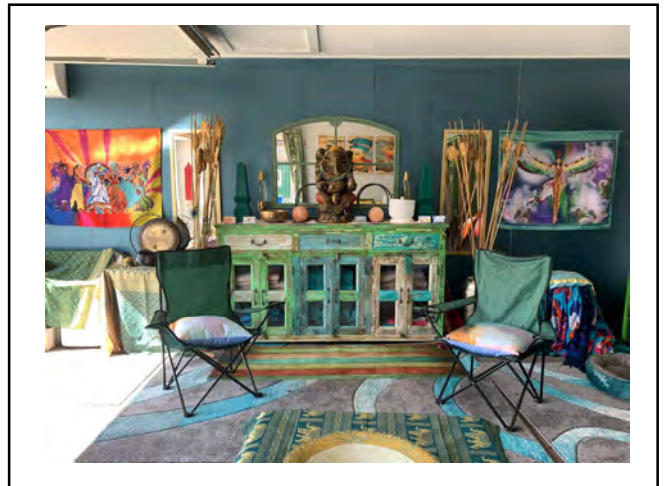
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